Washington DC Dragon Boat Festival

Registration

In order to participate in the Washington DC Dragon Boat Festival, your team must submit a valid team registration and include payment within a timely fashion. All registrations shall be submitted via the festival website. Registration for the 2019 festival will open on February 25th at 10:00 PM. Space is limited and teams will be granted entry on a first come, first served basis.

Upon submitting a registration, teams will receive a confirmation notice of their acceptance into the festival within 24-48 hours. If you do not receive a confirmation notice in that time frame, please reach out to the festival to ensure your registration was received. All confirmation notices will be sent to the team captain with the email address provided at registration time.

After receiving your confirmation, teams accepted into the festival must submit full payment within 10 days. Failure to receive payment in a timely fashion may result in your team forfeiting its slot in the festival in favor of a team on the waitlist. All payments should be sent to the following address.

2019 DC Dragon Boat Festival Ms. Lidiya Chuang 500 N Washington St, #1631 Rockville, MD 20849

Checks shall be made payable to "TUSCA"

The following is the fee schedule for the 2019 festival:

- Corporate/Community \$1,200
- Premier/Out-of-Town \$1,000
- Youth Teams \$700
- Breast Cancer Survivor/Vision Impaired \$500

The DC Dragon Boat Festival reserves the right to remove any team for failure to follow established rules or sportsmanship guidelines.

Crew Composition

The DC Dragon Boat Festival allows a team to have up to 30 people listed on their roster. However, the capacity on any one day is still 25 people. This means that a team may switch out up to 5 people between Saturday and Sunday. All people for all days must be listed on your team roster submitted at team check-in and the days they plan to race indicated. Note, should teams win medals on any given day, only 25 medals will be distributed to the team. It will be up to the team captain to distribute the awards should they choose to roster more than 25 people.

- Each team should consist of 20 paddlers, 1 drummer. Rosters may carry up to 30 people. NO EXPERIENCE REQUIRED.
- Team members must be at least 12 years of age as of their first practice session.
- Premier Mixed Teams must have an <u>equal</u> gender split of paddlers (e.g., 10 men & 10 women). Festival Mixed teams may have more women than men, but not more men than women.

- All youth teams must register and compete as a mixed team, including meeting gender requirements.
- In order to compete in a youth boat, a participant must meet the following three conditions.
 - Be currently enrolled in middle or high school
 - o Be older than 12 years old at the time of the festival
 - o Be less than 18 years old as of Sept 1 of the current year
- For an all women's team, the drummer must be a female, but the steerer may be either gender.
- A steersperson will be provided to teams who need one, but the festival must be notified in advance of the race of this situation.
- Teams must race with a minimum of 16 paddlers in the boat.
- For each person a mixed team is short for the gender requirement a person of the other gender must sit as well (e.g., a mixed team with only 9 women may only race 9 men, even if a 10th man is available).
- If a team does not have the required 20 paddlers, a drummer may be borrowed from another team. If the team has more than 20 paddlers, they must supply their own drummer (regardless of size/weight).

Safety

- PFDs (Personal Flotation Device) will be provided and must be worn in practices and races. No
 inflatable devices are allowed at this festival. A paddler with their own PFD may use it, so long as
 it meets the requirements laid out in this document. The marshalling official may reject any
 personal PFD if these requirements are not met. In this case, the paddler will need to use a
 regatta PFD.
- Shoes must be worn at all times by all paddlers, drummers and steerspersons.
- Each crew member is solely responsible for his or her own safety during practice sessions and the race itself.
- Any standing in the boat prior, during, or after each race (other than for either loading or unloading) is subject to team disqualification at the race director's discretion.
- Team Captains are required to participate in the Captain's Meeting and safety briefing prior to the race commencement.
- In case of emergency medical staff will be on site on the festival grounds. Should a major emergency occur, please call 9-1-1 prior to seeking out the on-site doctor.
- No consumption of alcohol is allowed during racing. Should any team member attempt to get in
 a boat after consuming alcohol, that paddler will be immediately disqualified and the team will
 face removal from the festival.

Athlete's Village

- All teams may erect a single 10'x10' tent in the athlete's village area just south of the boathouse.
- All tents must be put up in designated areas and not interfere with the central open space that will be stacked out.
- The property is managed by the National Park Service so no stakes may be used to tie down tents. Water jugs or blocks are encouraged should windy conditions be forecast.
- No grills, radios, or alcohol are allowed on site.
- The parking lot at Thompson's Boat Center will be closed to paddlers, however teams may pull in and drop off supplies prior to parking off-site.

Waivers and Identification

- All crew members must sign a waiver stating they have read and understand the risks of injury associated with Dragon Boat racing and knowingly and freely assume all such risks.
- Waivers must be signed by all participants prior to practice sessions and race activities.
- Copies of photo identification must be available on race day but are not required to be submitted with waivers.

Check-in

- Team Captains must check-in the day of the race to provide final team rosters and waivers.
- Team Captains will receive a full set of wristbands based on the number of crew listed on the
 roster for each day. Captains will be notified which color wristbands should be worn on which
 day.
- Only individuals with wristbands are allowed to walk to the boat loading/unloading area and get on a dragon boat.
- No replacement wristbands will be provided to paddlers who take off their wristband.

Cross-Rostering

- Paddlers may race on one and only one mixed team through the day.
- Paddlers on a mixed team may also participate on one additional open or women's crew.
- Paddlers participating on two different gender boats must sign each individual team's waiver.
- Paddlers participating on two different gender boats will be issued two different wristbands (one for each team) and both must be worn at all times.
- No boat will be held at the dock to wait for a paddler already on the water with a second team, nor will race schedules be adjusted to accommodate teams racing people on multiple boats.
 This rule will be strictly enforced so please consider this fact when deciding on multiple team participation.
- Any paddler caught racing for a team in violation of the above will be disqualified from further
 participation in the event and the violating team will be subject to possible disqualification
 based on when the issue is identified and at the race directors discretion.

Race Plan

- Check-in, Captain's Meeting, Marshalling and Round 1 Heat start times will be sent to team captains and posted on the website the week prior to race day.
- Race organizers will direct teams on procedures for marshalling, loading, starting procedures during team practices and Captain's meeting.
- Each team will race at least three times and Saturday and twice on Sunday.
- The pace of the race can be accelerated or delayed based on many external factors.
 Approximate Marshalling times for Semi-final and Final Rounds will be posted after completion of prior Round but Team Captains should listen for Heat announcements for confirmation.
- Times from Saturday's 250m races will be used to determine a division for racing in Sunday's 500m races.
- All matters not specifically addressed in the "Rules and Regulations" will be determined by the Event Organizer

Inclement Weather & Cancelation

- The race will proceed rain or shine.
- In the event of lightning in the area, racers will be pulled off the water until it is determined that it is safe to proceed.
- The event organizers will attempt to complete the full race program, but should inclement weather cause delays, the race program will be modified at the organizers discretion to complete racing on time. This may include the elimination of races as needed to get back on schedule.
- In the unlikely event the race needs to be cancelled in its entirety due to reasons outside the organizers control (e.g., flooded river conditions), no refunds will be provided to teams.

Award Ceremony

- Award ceremony will follow the last race of the day on Sunday. Teams racing on Saturday only
 will have any awards mailed to them or they may arrange to pick them up.
- Medals:
 - The top three teams from the each major division championship race will be awarded medals and a trophy.
 - The top one team from each minor division championship race will be awarded medals and a trophy.
 - o A cup will be awarded for teams winning challenge races.
 - o Medals will be awarded to the top three teams in the DC Cup race.
 - Additional medals or awards may be distributed based on division composition (e.g., BCS or youth medals may be awarded separately).